

Is Your Family Prepared?

Actions To Take

1. Get a portable container with a lid. A plastic storage bin or a garbage can works well (one with wheels preferably). Place container in an accessible location near an exit and label container.
2. Prepare a first aid kit.
3. Identify safe places in your home and on your property. Plan and practice evacuation drills (use two different escape routes).
4. Give every family member specific safety tasks to do in an emergency. Designate one person to turn off electricity, one to take charge of pets, one to get the kit, etc.
5. Get a portable radio and extra batteries. This will help to stay in touch with current details on the emergency.
6. Arrange an out-of-area phone contact person. Keep this and other emergency phone numbers near each telephone. Make sure each member knows this information.
7. Learn about hazards. Do a home hazard hunt to make your home a safe place.

Where Can I Buy A Kit?

Emergency supply kits can be purchased online at the following websites:

www.72hours.ca

www.redcross.ca

www.canadiansafetyproducts.ca

www.shopsafetyproducts.ca

www.mercyworld.org

For a more detailed guide on emergency preparedness visit:

www.getprepared.ca or
call 1.800.O-Canada. (1.800.622.6232)



72 - Hour Emergency
PREPAREDNESS KIT



**IS YOUR FAMILY
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Town of Innisfail
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Why do I need an **Emergency Kit**?

Alberta's public safety system is susceptible to a wide range of weather, industrial and human created risks. Being prepared for an emergency or disaster is your best bet for keeping you and your family safe when a disaster strikes.

1. Know the risks in your community and the most appropriate way to respond.
2. Make a plan for what you and your family will do, who to contact, and where to go in the event of an emergency. Practice this plan regularly.
3. Pull together a 72-hour kit to keep at your home. You should also make a ready-to-go kit in case you need to evacuate your home quickly.

In the event of a major emergency, you and your family may be left without power, ways to communicate, running water, and heat. Each home should be self-sufficient for at least 72 hours.

Shelter-In-Place

If you are told to shelter-in-place due to a CBRN (Chemical, biological, radiological and nuclear defense) incident:

- Close and lock all windows and exterior doors
- Turn off all fans, heating and A/C systems to avoid drawing in outside air
- Get your emergency kit
- Go to an interior room without windows above ground level
- Use duct tape or wet cloths to seal cracks around doors and vents
- Limit phone calls to urgent messages only

Basic **Emergency Kits**

- At least two litres of water per person/day
- Food that won't spoil such as canned food, energy bars and dried foods (replace food and water once/year)
- Manual can-opener
- Crank or battery-powered flashlight (with extra batteries)
- Crank or battery-powered radio (with extra batteries)
- First aid kit
- Extra keys to your car and house
- Some cash in smaller bills, such as \$10 bills and change
- A copy of your emergency plan and contact information
- If applicable, other items such as prescription medication, infant formula, equipment for people with disabilities, or food, water and medication for your pets or service animals

Additional Items

- Two additional litres of water per person/day for cooking and cleaning
- Candles, matches or lighters
- Change of clothing for each family member
- Sleeping bag/warm blanket for each member
- Toiletries/hand sanitizer and toilet paper
- A whistle, garbage bags, utensils, household chlorine bleach or water purifying tablets
- Basic tools (hammer, pliers, etc.) duct tape

Emergency Vehicle Kits

- Blanket
- Candle (in deep can) and matches
- Extra clothing and shoes
- First aid kit with seatbelt cutter
- Flashlight (crank or battery operated)
- Food that won't spoil (energy bars, etc.)
- List of contact name and numbers
- Radio (crank or battery operated)
- Small shovel, scraper and snow brush
- Warning lights and road flares
- Water
- Whistle

Additional Items

- Antifreeze, windshield washer fluid
- Fire extinguisher
- Road maps
- Sand, salt or cat litter (non-clumping)
- Tow rope and jumper cables